**Full Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Circle your Race/Ethnicity.**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| American Indian or  Alaska Native | Black/  African American | Latinx/  Hispanic | Multiracial | White | Asian | Native Hawaiian or  Pacific Islander |

**Please fill in how you identify your race (if different from above).** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Circle your gender identity.**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Boy | Girl | Non-binary/  Third Gender | Transgender | I prefer not to say | Unsure | Another Identity |

If you circled ‘Another Identity’, please write in that identity. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**What grade will you be in this September 2025?** 7th 8th 9th

**What school will you attend in September 2025?** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

The following questions are about your ability to define goals and make decisions. Please answer truthfully about how well you believe these statements describe you by filling in the box.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Really Disagree** | **Kind of Disagree** | **Neutral** | **Kind of Agree** | **Strongly Agree** |
| I find it difficult to decide what I want. | □ | □ | □ | □ | □ |
| I can make a choice easily. | □ | □ | □ | □ | □ |
| I often don’t know what to think. | □ | □ | □ | □ | □ |
| When people ask me what I want, I immediately know the answer. | □ | □ | □ | □ | □ |
| I often hesitate about what to do. | □ | □ | □ | □ | □ |

The following questions are about how confident you feel in your choices. Please answer truthfully about how well you believe these statements describe you by filling in the bubble.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Really Disagree** | **Kind of Disagree** | **Neutral** | **Kind of Agree** | **Strongly Agree** |
| When I act against the will of others, I usually get nervous. | □ | □ | □ | □ | □ |
| I have a strong tendency to comply with the wishes of others. | □ | □ | □ | □ | □ |
| When I disagree with others, I tell them. | □ | □ | □ | □ | □ |
| I often agree with others, even if I’m not sure. | □ | □ | □ | □ | □ |
| I often change my mind after listening to others. | □ | □ | □ | □ | □ |

The following questions are about how you develop strategies to achieve your goals. Please answer truthfully about how well you believe these statements describe you by filling in the bubble.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Really Disagree** | **Kind of Disagree** | **Neutral** | **Kind of Agree** | **Strongly Agree** |
| I go straight for my goal. | □ | □ | □ | □ | □ |
| I find it difficult to start a new activity on my own. | □ | □ | □ | □ | □ |
| I can easily begin with new undertakings on my own. | □ | □ | □ | □ | □ |
| I am an adventurous person | □ | □ | □ | □ | □ |
| I quickly feel at ease in a new situation. | □ | □ | □ | □ | □ |

The following questions are about how you feel about the future. Please answer truthfully about how well you believe these statements describe you by filling in the bubble.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Really Disagree** | **Kind of Disagree** | **Neutral** | **Kind of Agree** | **Strongly Agree** |
| My future excites me. | □ | □ | □ | □ | □ |
| I am interested in my future. | □ | □ | □ | □ | □ |
| My lack of control over my future scares me. | □ | □ | □ | □ | □ |
| When I think about my future, I tend to focus more on good rather than bad things. | □ | □ | □ | □ | □ |
| I fear my worries and fears about my future will come true. | □ | □ | □ | □ | □ |
| When I think about my future, I can see clearly what I want to achieve. | □ | □ | □ | □ | □ |
| Thinking about my future brings me anxiety and worry. | □ | □ | □ | □ | □ |
| I can imagine what my future will be like. | □ | □ | □ | □ | □ |
| I can't be bothered to plan for my future. | □ | □ | □ | □ | □ |
| I can't get a clear picture of my future even when I try. | □ | □ | □ | □ | □ |
| My future looks bright. | □ | □ | □ | □ | □ |
| I repeat the same negative thoughts every time I think about my future. | □ | □ | □ | □ | □ |
| I actively avoid thinking about my future because what might happen frightens me. | □ | □ | □ | □ | □ |
| When I think about my future, I feel overwhelmed. | □ | □ | □ | □ | □ |

The following questions are about how you think about your support systems and how they help you work through problems. Please answer truthfully about how well you believe these statements describe you.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Really Disagree** | **Kind of Disagree** | **Neutral** | **Kind of Agree** | **Strongly Agree** |
| I get along with people around me | □ | □ | □ | □ | □ |
| I know how to behave in different situations (such as school, home and Starr Hill Pathways) | □ | □ | □ | □ | □ |
| My parent(s)/caregiver(s) really look out for me | □ | □ | □ | □ | □ |
| My parent(s)/caregiver(s) know a lot about me (for example, who my friends are, what I like to do) | □ | □ | □ | □ | □ |
| People like to spend time with me | □ | □ | □ | □ | □ |
| I talk to my family/caregiver(s) about how I feel (for example, when I am hurt or sad) | □ | □ | □ | □ | □ |
| I feel supported by my friends | □ | □ | □ | □ | □ |
| I feel that I belong at my school | □ | □ | □ | □ | □ |
| My family/caregiver(s) care about me when times are hard (for example if I am sick or have done something wrong) | □ | □ | □ | □ | □ |
| My friends care about me when times are hard (for example if I am sick or have done something wrong) | □ | □ | □ | □ | □ |
| I am treated fairly in my community | □ | □ | □ | □ | □ |
| I have chances to show others that I am growing up and can do things by myself | □ | □ | □ | □ | □ |
| I feel safe when I am with my family/caregiver(s) | □ | □ | □ | □ | □ |
| I have chances to learn things that will be useful when I am older (like cooking, working, and helping others) | □ | □ | □ | □ | □ |

The following questions are about how you feel about the **NON-PARENT/GUARDIAN** adults in your life. This means adults in your life who are not your primary caretaker. Please answer truthfully about how well you believe these statements describe you.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **I have a non-parent/guardian adult in my life who...** | **Really Disagree** | **Kind of Disagree** | **Neutral** | **Kind of Agree** | **Strongly Agree** |
| cares about how I am doing in school. | □ | □ | □ | □ | □ |
| is very sure I can do well in school and in the future. | □ | □ | □ | □ | □ |
| cares about me even when I make mistakes. | □ | □ | □ | □ | □ |
| really listens and understands me. | □ | □ | □ | □ | □ |
| looks out for me and helps me. | □ | □ | □ | □ | □ |
| I have fun with. | □ | □ | □ | □ | □ |
| gives me useful advice in dealing with my problems. | □ | □ | □ | □ | □ |
| has qualities or skills that I’d like to have when I’m older. | □ | □ | □ | □ | □ |
| I can learn from by watching and listening to them. | □ | □ | □ | □ | □ |
| introduces me to new ideas, interests, and experiences. | □ | □ | □ | □ | □ |
| pushes me to succeed at the things I want to do. | □ | □ | □ | □ | □ |

**When answering these questions, which adults were you thinking about (select all that apply)?**

* Teachers, School Counselors, and other School Staff
* Non-parent/guardian relatives
* Family Friends
* Members of other Community Organizations (ex. Boys and Girls Club staff, City of Promise staff)
* Church/Religious leaders
* Starr Hill Mentors and Tutors (college students who meet with you at school)
* Starr Hill Counselors (college students who help you at summer camp)
* Starr Hill Full Time Staff (ex. Trā, Lauren, Traci, or Jamar)
* Other (if so, explain) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_